

Psalms (1446-536 BC: From Moses' Psalm 90 through the Exile, Psalm 137)

Authors:

David (75), Asaph (12), Sons of Korah (11), Moses (1), Heman (1) Ethan (1) Solomon (1)

*The most quoted book in the New Testament

**The book Jesus Christ quotes the most

***The longest book in the Bible, a collection of poetry

Theme: "The Anatomy of all the Parts of the Soul" - John Calvin

"There is not an emotion of which any one can be conscious that is not here represented as in a mirror. Or rather, the Holy Spirit has here drawn ... all the griefs, sorrows, fears, doubts, hopes, cares, perplexities, in short, all the distracting emotions with which the minds of men are wont to be agitated." - John Calvin

"Moreover, although The Psalms are replete with all the precepts which serve to frame our life to every part of holiness, piety, and righteousness, yet they will principally teach and train us to bear the cross; and the bearing of the cross is a genuine proof of our obedience, since by doing this, we renounce the guidance of our own affections, and submit ourselves entirely to God, leaving him to govern us, and to dispose of our life according to his will, so that the afflictions which are the bitterest and most severe to our nature, become sweet to us, because they proceed from him" - John Calvin

From Jeremiah Montgomery's *Concise Summary of The English Bible*

Content Outline

- David's Praise & Distress (1-41)
- Distress & Deliverance (42-72)
- Deliverance & Darkness (73-89)
- Yahweh Delivers & Reigns (90-106)
- Ascent & Hallelujah (107-150)

The Road to the Cross

- Many of the psalms have an *explicit* Messianic connection:⁷²
 - Ascension 68.18 (Eph 4.8)
 - Betrayal 41.9 (Lk 22.48), 109.2-9 (Acts 1.20)
 - Death 22.1-21 (Mt 27)
 - Deity 45.6-7 (Heb 1.8-9), 102
 - Exaltation 8.5-6 (Heb 2.6-9)
 - Kingship 2.6, 89.18-19 (Acts 5.31), 72
 - Lordship 8.2 (Mt 21.15-16), 110.1 (Mt 22.44, Acts 2.34)
 - Obedience 40.6-8 (Heb 10.5-7)
 - Priesthood 110.4 (Heb 5.6)
 - Resurrection 2.7, 16.10 (Acts 2.25-28, 13.33-35), 110.3 (Rom 1.4)
 - Sonship 2.7 (Mt 3.17, Heb 1.5)
 - Sufferings 69.9 (Jn 2.17, Rom 15.3), 69.4 (Jn 15.25)
 - Supremacy 118.22-23 (Mt 21.42)
- Others of the psalms, assuming a righteousness of standing, have an *implicit* Messianic connection (exs: Pss 1, 15)

Summary

- "Jesus, in effect, embodies the psalms. The same aspects of God's relationship with his people that we see in the psalms, we also see even more consistently in Jesus. In Jesus we have the presence of God, the kingship of God, the blessings for obedience and tragic consequences for our disobedience, the forgiveness of God, and the compassion and love of God all lived out before us."⁷³